



# Receiver Skills Training Program

Advanced skills training for receivers. Learn the key receiver skills that will take your game to the next level from former Klein High School Head football coach Ray Kenjura.

The following is a brief description of what will be covered in the receiver training sessions both on and off of the field.

Sessions are limited to only 6 athletes per session. Reserve your spot ASAP! For incoming 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> graders only.

### Classroom Setting

- Various roles that receivers will play.
- Importance of communication between the receiver and the quarterback.
- Defensive coverage recognition and responsibilities of the positions in the defensive structure.
- Reading the potential blitz.
- Adjustments and "hot" routes.
- Pre-snap and post-snap reads.
- Knowing where the holes are in pass coverage.
- Pass "routes" and pass "patterns"
- Taking the offense from the board to the field.

### On the Field Work

- Reading the defense as you align.
- Proper stance and alignment.
- Releases against various types of defensive alignments.
- Varying speed and using the arms for another gear.
- Double move pass routes
- Using the hands...using the hands...using the hands.
- Working back for the ball.
- Protecting the ball.
- YAC (Yards After Catch)
- Zone vs. Man routes.
- Executing the "most difficult block in football".

**Session 1                      Fee \$299**  
**(June 1-June 18, 2009)**

**Session 2                      Fee \$299**  
**(June 22-July 9, 2009)**

**Session 3                      Fee \$299**  
**(July 13-July 30, 2009)**

**Attend 1 session only. Space is limited to 6. First come first serve.**

**Location:                      CAP Elite**  
**10600 Commerce Row**  
**Montgomery, TX 77356**

**Time:                              Monday-Thursday**  
**6:00-7:00pm**

**Reserve your spot ASAP by calling 936-582-7777 or call Coach Kenjura directly at 713-249-5482.**

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Session Attending (please circle) 1 2 3

School \_\_\_\_\_ Grade (09-10) \_\_\_\_\_ Position (Please circle) QB Receiver Linemen

I hereby authorize the camp staff to act for me according to their best judgment, in an emergency requiring medical attention, and hereby release Ray Kenjura and CAP Elite, Inc., and its staff from any and all liability for any injuries and illnesses incurred while at the training. I have no knowledge of medical problems or physical impairment that would affect the above named camper to safely participate in the program outlined in the flyer. I certify that the camper is covered by a medical insurance policy in case of illness or injury.

Parent or guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

*Mail this form along with payment to CAP Elite 10600 Commerce Row, Suite A, Montgomery, TX 77356. Please make all checks payable to CAP Elite. Cash is accepted. Please mail asap. First come first serve.*