



Quarterback Summer Skills Training

Learn advanced Quarterback techniques that will take your game to the next level from former Klein High School Head football coach Ray Kenjura. You will receive high quality classroom instruction as well as on field coaching. Our small groups guarantees personalized attention!
No more than 6 kids per session will be allowed. For incoming 7th, 8th and 9th graders only.

Classroom Setting

Introduction to and the importance of the position.
 Leadership qualities needed in a quarterback.
 Importance of communication between the QB and the coach and the QB and the rest of the offensive team.
 "Part of the TEAM – Not THE team".
 Defensive coverage recognition and responsibilities.
 Recognition of defensive fronts (# in the box) and the advantages for the run and the advantages for the pass.
 Defensive personnel "keys" and "reads" both pre-snap and post-snap.
 Pass "routes" and pass "patterns".
 Taking the offense from the board to the field.

On the Field Work

Stance, body position, and making the eyes work in reading the defense.
 Seating and protecting the football in the running and passing games.
 Footwork involved in the following:
 Quick passing game (3-step)
 Drop back passing game (5 and 7 step)
 Sprint out passing game
 Play-action passes
 Screens and Draws

Session 1 Fee \$299
 (June 1-June 18, 2009)

Session 2 Fee \$299
 (June 22-July 9, 2009)

Session 3 Fee \$299
 (July 13-July 30, 2009)

Attend 1 session only. Space is limited to 6. First come first serve.

Location: CAP Elite
 10600 Commerce Row
 Montgomery, TX 77356

Time: Monday-Thursday
 5:00-6:00pm

Reserve your spot ASAP by calling 936-582-7777 or call Coach Kenjura directly at 713-249-5482.

Gripping and delivering the ball to the target.
 Consistent throwing motion.
 Accuracy at various distances.
 When to throw a dart and when to take something off.
 Reading keys to throw to the open man.
 Hand-offs, tosses, and option pitches.

Name _____ Address _____ City _____ St _____ Zip _____

Phone _____ Email _____ Session Attending (please circle) 1 2 3

School _____ Grade (09-10) _____ Position (Please circle) QB Receiver Linemen

I hereby authorize the camp staff to act for me according to their best judgment, in an emergency requiring medical attention, and hereby release Ray Kenjura and CAP Elite, Inc., and its staff from any and all liability for any injuries and illnesses incurred while at the training. I have no knowledge of medical problems or physical impairment that would affect the above named camper to safely participate in the program outlined in the flyer. I certify that the camper is covered by a medical insurance policy in case of illness or injury.
 Parent or guardian Signature _____ Date _____

Mail this form along with payment to CAP Elite 10600 Commerce Row, Suite A, Montgomery, TX 77356. Please make all checks payable to CAP Elite. Cash is accepted. Please mail asap. First come first serve.